

DENE

Tzatziki



Ingredients:

- 1 cup Fage (Fe-yea) Total All Natural Greek whole milk yogurt
- 1 English cucumber, seeded, finely grated and *drained*
- 2 cloves garlic, finely minced
- 1 teaspoon lemon zest
- 1 tablespoon fresh lemon juice
- 2 tablespoons chopped fresh dill
- Kosher salt and freshly cracked black pepper

Method:

1. In a medium bowl, whisk together the yogurt, cucumber, garlic, lemon zest, lemon juice and dill.
2. Season with salt and pepper. Chill.
3. For some extra flavor, add some olive oil and some coarsely chopped fresh mint.