

Nicole McLaughlin's Italian Sunday Sauce



Ingredients:

- 2 pounds pork neck bones
- 2 teaspoons kosher salt, plus more to taste
- 1 teaspoon ground black pepper
- 2 tablespoons olive oil, divided
- 1 ¼ pounds Italian sausage links
- $1\frac{1}{2}$ cups finely chopped white onion
- 2 cloves garlic, minced
- 2 (12 ounce) cans tomato paste
- 1 (28 ounce) can tomato puree
- 1 (28 ounce) can crushed tomatoes
- 7 cups water
- 1 tablespoon white sugar, or more to taste
- 1 bay leaf
- 1 tablespoon dried basil
- ¹/₂ teaspoon dried oregano
- 12 large cooked meatballs

Instructions:

- 1. Sprinkle neck bones on all sides with salt and pepper.
- 2. Heat 4 teaspoons oil in a large, heavy-bottomed stockpot or Dutch oven over medium high heat. Place neck bones in the pot and cook for 6 minutes, flipping halfway through. Transfer to a plate.
- 3. Add sausage links to the drippings and brown for 3 minutes on each side, adding remaining oil as needed. Set aside with the pork.
- 4. Add onion to the drippings and season with salt. Cook, stirring often, until onion is soft and translucent, about 5 minutes. Add garlic and cook until fragrant, about 1 minute. Stir in tomato paste and cook for 1 minute.
- 5. Add tomato puree and crushed tomatoes, than add water and sugar; cook, stirring constantly, until smooth. Add bay leaf. Rub basil and oregano between your fingers to release the aroma and add to the sauce.
- 6. Slice sausages into large chunks and return to the pot with the neck bones; bring to a simmer, stirring occasionally. Add meatballs; reduce heat to low, and simmer, stirring occasionally, for 4 to 6 hours.
- 7. Remove neck bones and bay leaf. Remove any meat remaining on the bones, shred, and return to the sauce.



Cook's Notes: For homemade meatballs, try my <u>Best Easy Meatballs</u>!

Tips

Neck bones are available at many grocery stores. If you cannot find them, country-style ribs would be a good substitute.