

Grinder Sandwich



Ingredients, Pancakes:

Grinder Salad

- ½ head iceberg lettuce
- ½ small red onion
- 1 Pepperoncini, or 4-5 hot pepper rings
- 1 garlic clove
- 2 TBLS mayonnaise, or Greek yogurt
- 1 TBLS red wine vinegar
- 2 TBLS parmesan cheese, grated
- ½ tsp Italian seasoning
- ¼ tsp oregano
- ½ tsp chili flakes, optional
- Pinch salt and pepper, to taste

Ingredients, Grinder Sandwich

- 2 Italian Style Hoagies, or submarine buns
- 1 medium beefsteak tomato, or tomato of choice
- 6 slices deli ham
- 6 slices deli roasted turkey, or chicken
- 4 slices prosciutto
- 8 slices capicolla, or salami of choice
- 8 slices Genoa salami, or salami of choice
- 6 slices provolone cheese, or mozzarella
- 2 TBLS parmesan cheese, grated

Method, Grinder Salad:

- 1. Shred the iceberg lettuce into thin strips. Thinly slice the red onion. Finely chop the Pepperoncini pepper. Finely mince or grate the garlic clove.
- 2. In a medium sized bowl combine the mayonnaise, red wine vinegar, parmesan cheese, Italian seasoning, oregano, chili flakes (if using). Mix until evenly combined.
- 3. Add the lettuce, red onion, Pepperoncini and garlic. Toss until evenly coated. Taste and season with salt and pepper as desired.
- 4. Set aside in the fridge while you assemble the sandwich.

Method, Grinder Sandwich:

1. Slice the hoagie or submarine bun through the center and place on a sheet pan cut sides up.



- 2. Place 3 slices of provolone cheese on the top half of each bun. Evenly distribute and layer the deli meat on the bottom halves.
- 3. Place the sheet pan in the oven or toaster oven on 'broil' for 2-3 minutes, or until the cheese has melted (or air fry on 400°F for 2-3 minutes).
- 4. Slice the tomato into thin slices and layer on top of the deli meat.
- 5. Top with the grinder salad and sprinkle on the grated parmesan cheese.
- 6. Close the sandwich and enjoy!