

Fried Green Tomatoes



Ingredients:

- 8 medium (about 3 ½ pounds) green tomatoes
- 3 ½ teaspoons coarse salt
- 1 3/4 teaspoons freshly ground black pepper
- 5 large eggs, beaten
- ½ cup milk
- 3 cups all-purpose flour
- 4 cups Panko (Japanese breadcrumbs)
- ½ cup cornmeal
- 4 cups olive oil
- Aioli, for serving

Method:

- 1. Trim $\frac{1}{2}$ inch from the stem and blossom ends of tomatoes.
- 2. Slice tomatoes ¼ inch thick. Season tomato slices with 2 teaspoons salt and 1 teaspoon pepper; set aside.
- 3. In a shallow bowl, whisk together eggs and milk; set aside.
- 4. In a second shallow bowl, whisk together flour, $\frac{1}{2}$ teaspoon salt, and $\frac{1}{4}$ teaspoon pepper; set aside.
- 5. Place Panko in a shallow bowl along with cornmeal, remaining teaspoon salt, and ½ teaspoon pepper; stir to combine and set aside.
- 6. Working with one tomato slice at a time, coat tomatoes with flour mixture, shaking off excess. Coat with egg mixture, followed by breadcrumb mixture. Transfer to a wire rack set over a parchment-lined baking sheet; repeat process with remaining slices.
- 7. Heat 2 cups oil in a 10-inch skillet over medium-high heat until it reaches 350 degrees on a deep-fry thermometer.
- 8. Working in batches, carefully place tomatoes into the heated oil in a single layer. Fry until golden, turning once, 2 to 3 minutes per side.
- 9. Drain on a paper towel-lined baking sheet.
- 10. After frying half of the tomato slices, discard oil and heat remaining 2 cups oil in skillet; continue frying remaining tomato slices.
- 11. Serve tomatoes immediately with aioli.