



Ingredients:

- 1 can black beans
- 1 can kidney beans
- 1 can corn kernels
- 16 oz tomato sauce
- 28 oz diced tomatoes
- 1 packet taco seasoning
- 1 tbsp chili powder
- 3 boneless chicken breasts

Method:

- 1. Cook on low in the crock pot for 6 hours on high, or 10 hours low.
- 2. Garnish with a dollop of sour cream and serve with Mission Tortilla Chips