



## **Ingredients:**

- 1 pound large shrimp peeled and deveined
- 1 Tablespoon vegetable oil
- 2 Tablespoon sesame oil divided
- 3 cups cooked rice\*
- 1 small white onion chopped
- 1 cup frozen peas and carrots thawed
- 2-3 Tablespoons soy sauce more or less to taste
- 3 eggs lightly beaten
- 2 Tablespoon chopped green onions optional

## Method:

- 1. Preheat a large skillet or wok to medium heat.
- 2. Add vegetable oil, 1-Tablespoon sesame oil and shrimp to the skillet, salt, and pepper. Cook the shrimp for 2-3 minutes or until no longer pink. Remove with a slotted spoon and set aside
- 3. Add white onion, peas, and carrots and fry until tender. Slide the onion, peas, and carrots to the side, and pour the beaten eggs onto the other side.
- 4. Using a spatula, scramble the eggs. Once cooked, mix the eggs with the vegetable mix.
- 5. Add the rice and shrimp to the veggie and egg mixture. Pour the soy sauce and 1 Tablespoons sesame oil on top. Stir and fry the rice and veggie mixture until heated through and combined. Add chopped green onions if desired.

\*NOTE: Use day old cold cooked rice for best results.