

## Bay Lobster Eggs Benedict with Cajun Hollandaise



## **Ingredients:**

- For the Cajun Hollandaise:
- 3 large egg yolks
- 1 TBLS water
- 1 TBLS lemon juice
- ½ cup unsalted butter, melted
- 1 tsp Cajun seasoning
- Salt and pepper, to taste
- For the Eggs Benedict:
- 4 English muffins, split and toasted
- 8 slices cooked bay lobster meat
- 8 poached eggs
- Cajun Hollandaise sauce
- Chopped fresh chives, for garnish

## Method, Cajun Hollandaise:

- 1. In a heatproof bowl, whisk together the egg yolks, water, and lemon juice.
- 2. Set the bowl over a saucepan of simmering water (double boiler) and whisk constantly until the mixture begins to thicken.
- 3. Slowly drizzle in the melted butter, whisking constantly, until the sauce is smooth and thickened.
- 4. Stir in the Cajun seasoning, salt, and pepper. Remove from heat and keep warm.

## **Assemble the Eggs Benedict:**

- 1. Place toasted English muffin halves on plates.

  Top each muffin half with a slice of cooked bay lobster meat.

  Carefully place a poached egg on each lobster slice.
- 2. Generously spoon the Cajun Hollandaise sauce over the eggs. Garnish with chopped fresh chives.